

Old Dominion University

2008 Middle School Field Hockey Clinic

April 13th, 2008

3pm-6pm

LEARN FROM THE BEST - BE A PART OF THE LEGACY!
NATIONAL CHAMPIONS 1982, 83, 84, 88, 90, 91, 92, 98, 2000

PURPOSE

The clinic will feature preparation with the middle school player in mind, with instruction in the skills and fundamentals of field hockey. The clinic is aimed at 6th, 7th and 8th graders. Meet and work with other middle school field hockey players from the area.

WHERE

We will use Foreman Field which serves as the home of the Old Dominion Monarch Field Hockey Team. Located on S. 49th Street.

DIRECTOR

Beth Anders, Head Coach at Old Dominion University and the winningest field hockey coach in NCAA History, has coached Old Dominion to nine NCAA Championships, including two back-to-back undefeated seasons. She is the first Division I NCAA coach to reach the 400 win plateau. Her stellar career also includes: Olympic scoring record holder, Olympic bronze medalist, Olympic captain, former head coach of USA Women's National Team, and author of numerous field hockey instructional books. In 2003, Beth was named U.S. Olympic Head Coach.

INSURANCE AND MEDICAL POLICY

The University provides a secondary accident insurance policy which carries a \$1,000 maximum benefit. This plan has a \$25 deductible and can be filed after the camper's primary insurance. Any bills received from a doctor or hospital should be forwarded to the camp office immediately.

REGISTRATION/COST INFORMATION

Registration will begin at 2pm and end at 2:45pm. The clinic will run from 3-6pm. \$25 per individual or team rate of \$20 per individual. To qualify for team rate, teams must consist of at least 9 individuals.

AGE REQUIREMENTS

Girls must be at least 11 years of age and no older than 14 years of age as of April 1st, 2008.

WHAT TO BRING

Turfshoes, mouthguard, shinguards, and a hockey stick. Goalkeepers must bring all protective gear including: Helmet with a throat protector, chest protector, gloves, kickers, leg guards and goalkeeper pants. Old Dominion DOES NOT provide any field hockey equipment.

REFUND POLICY

NO REFUNDS AFTER April 1, 2008 except for medical reasons. A doctor's note MUST accompany the refund request within 7 days of request. NO REFUNDS will be issued for any reason after the start of the clinic.

DISCIPLINE

All clinic rules will be presented and must be adhered to by all participants. Violation of rules can result in dismissal from clinic with no refund given.

ADDITIONAL INFORMATION

Old Dominion will not be responsible for any stolen property. The provision of accommodations for participants with documented disabilities does not guarantee equal results or achievement, but does afford equal opportunity for achievement.

ODU Field Hockey Clinic Registration Form

To Enroll: Tear off this portion, complete and return it along with Full Payment to the address below. Cash is strongly discouraged at registration on the day of camp. (Check, Money Order or Credit Card Preferred)

Mail Application and Payment to:

Old Dominion University
Athletic Administration Building
Athletic Camp Office - Rm. 124
Norfolk, Va 23529

Make Checks payable to:

Old Dominion University

☐ 2008 Middle School Clinic - April 13th

☐ Individual Rate \$25

☐ Team Rate \$20

Name _____

Address _____

City _____ State _____ Zip _____

Day Phone (____) _____ Evening Phone (____) _____

E-Mail _____

School _____

Date of Birth _____

Primary Position _____ Secondary Position(s) _____

Parents Name(s) _____

Method of Payment: Cash ____ Check ____ Visa ____ Mastercard ____

Check # ____ Credit Card # _____ Exp. Date ____

Signature _____

For additional information, contact the Old Dominion University Athletic Camp Office at 757-683-5484 or visit our website at www.odusports.com.